Blue Ridge Community College – Work Study Job Description

Position Title: Fitness Room Monitor - Henderson County Campus (HCC)	**Position No.**: N/A
Division: Student Services	**Position Category**: N/A
Department: Enrollment Management	**Classification**: Work-Study

Supervisor: Liza Dion

Email: l.dion@blueridge.edu

Statement of Primary Purpose: The Fitness Room Monitor will act as a monitor during posted weight room hours. The Monitor must focus on activity in the fitness areas to ensure the safety of those using the weight room. The Monitor will be responsible for contacting campus police if students are not following rules, and for initiating the emergency plan if someone is injured or becomes ill.

Essential Functions and Responsibilities:
- Opening and closing the fitness room.
- Perform a safety inspection of equipment.
- Sign users in and out of the fitness room.
- Enforce safety rules and notify security if applicable.

Clean equipment
- Make sure all weights have been put away.

Additional Duties and Responsibilities:
- Other duties as assigned.

Minimum Qualifications

Education:
- Highschool or GED/Hiset.
- Must be a Blue Ridge Student.

Knowledge and Skills:
- Good communication skills
- Knowledge of weight training
- Assertive personality
- Punctuality and dependability

Physical Demands: *Clean equipment, putting weights away, and spotting students.*

If you are interested in applying for this position, please complete the application here!

Date Last Revised: 08/17/2026